

Aviemore Short Fast Dirty Provisional Results

Position	Race No.	Name	Category	Club	TS Licence	CourseClass	RaceTime	Swim	T1	Bike	T2	Run
1	76	*Bruce Evans	MYouA	Forres Harriers	'S1070588'	SFD - Wave 1	01:02:40	00:07:13	00:01:13	00:34:59	00:00:10	00:19:05
2	46	*Jamie Collins	Mvet	Three Peaks Triathletes	'S1046635'	SFD - Wave 2	01:04:57	00:08:44	00:01:24	00:35:04	00:00:23	00:19:22
3	107	Glyn Humphreys	MSV	Durham Triathlon Club	'E1065323'	SFD - Wave 2	01:06:12	00:10:14	00:01:26	00:36:31	00:00:28	00:17:33
4	200	*Benjamin Rushton	MS	Aurora Triathlon Team	'S10181470'	SFD - Wave 1	01:07:27	00:10:37	00:01:53	00:36:08	00:00:10	00:18:39
5	224	Hannah Terrance	FS	GTC		SFD - Wave 1	01:07:55	00:08:07	00:01:49	00:40:45	00:00:13	00:17:01
6	162	*Alastair Ness	Mvet	Ayrodynamic Triathlon Club	'S1039062'	SFD - Wave 2	01:09:11	00:09:32	00:01:55	00:36:27	00:00:42	00:20:35
7	176	*Mia Padmanabhan	FJunB	Glasgow Triathlon Club	'S1051245'	SFD - Wave 1	01:09:53	00:08:02	00:01:14	00:41:33	00:00:20	00:18:44
8	119	Jacqueline Laurie	FVet			SFD - Wave 1	01:09:53	00:09:32	00:02:55	00:39:10	00:00:13	00:18:03
9	141	Alex Mcintyre	Mvet			SFD - Wave 2	01:10:27	00:11:31	00:02:32	00:38:15	00:00:19	00:17:50
10	65	*Neil Dolan	Mvet		'1052240'	SFD - Wave 2	01:10:59	00:11:08	00:02:03	00:38:59	00:00:10	00:18:39
11	157	Laura Murray	FS			SFD - Wave 1	01:11:13	00:10:32	00:02:06	00:38:42	00:00:49	00:19:04
12	166	Jill Noble	Fvet			SFD - Wave 2	01:11:25	00:10:11	00:01:57	00:40:45	00:00:13	00:18:19
13	1504	'Stur-rock n' Rollin'	Relay	Grangemouth Triathlon Club		SFD - Wave 1	01:11:27	00:08:31	00:01:36	00:36:17	00:00:13	00:24:50
14	14	Iain Baxter	Mvet			SFD - Wave 2	01:11:35	00:09:22	00:02:10	00:39:19	00:00:41	00:20:03
15	150	*David Milroy	Mvet		'S1060688'	SFD - Wave 2	01:12:07	00:09:19	00:01:47	00:40:21	00:00:19	00:20:21
16	108	Ben Johnston	MS			SFD - Wave 1	01:12:24	00:09:16	00:03:10	00:40:57	00:00:12	00:18:49
17	242	*Alastair Young	MSV	Glasgow Triathlon Club	'S1095466'	SFD - Wave 2	01:14:33	00:10:02	00:02:11	00:39:55	00:00:13	00:22:12
18	187	*Natasha Phillips	Fyou	Montrose Triathlon Club	'S10158858'	SFD - Wave 1	01:14:45	00:07:41	00:02:01	00:47:02	00:00:56	00:17:05
19	124	Alice MacAulay	FS			SFD - Wave 1	01:15:25	00:11:58	00:02:21	00:39:46	00:01:03	00:20:17
20	72	Calum Duncan	Mvet			SFD - Wave 2	01:16:56	00:13:23	00:02:48	00:39:44	00:01:02	00:19:59
21	190	*Neil Pirie	MSV	Glenrothes Triathlon Club	'S1058194'	SFD - Wave 2	01:17:04	00:10:16	00:02:01	00:41:16	00:00:45	00:22:46
22	21	Jack Brickell	MS			SFD - Wave 1	01:17:24	00:11:27	00:02:56	00:43:02	00:00:35	00:19:24
23	238	*Tony Whitaker	MSV	None	'S1075736'	SFD - Wave 2	01:17:39	00:10:18	00:01:51	00:43:47	00:00:14	00:21:29
24	222	*John Taylor	Mvint		'S1065930'	SFD - Wave 2	01:18:11	00:12:29	00:02:33	00:43:46	00:00:14	00:19:09
25	168	Emily Oates	FS			SFD - Wave 1	01:18:27	00:13:12	00:03:09	00:41:50	00:00:15	00:20:01
26	240	Sandy Wiseman	Mvet	Sonnars goes solo		SFD - Wave 2	01:18:42	00:11:54	00:02:14	00:41:51	00:00:14	00:22:29
27	132	Ronnie MacPherson	Mvet			SFD - Wave 2	01:18:43	00:12:59	00:03:15	00:41:37	00:00:13	00:20:39
28	125	*Simon MacDonald	Mvint	Moray Firth Triathlon Club	'S1045678'	SFD - Wave 2	01:18:50	00:12:03	00:04:05	00:43:07	00:00:17	00:19:18
29	142	*MICHAEL MCKAY	MSV		's10116823'	SFD - Wave 2	01:18:52	00:12:17	00:02:51	00:41:30	00:00:17	00:21:57
30	20	Richard Brassington	MSV			SFD - Wave 2	01:19:02	00:11:15	00:03:46	00:42:35	00:00:15	00:21:11
31	60	liz delaney	Fvet	donside chainsaw club		SFD - Wave 2	01:19:29	00:13:01	00:03:57	00:40:41	00:00:13	00:21:37
32	9	Janet Balneaves	Fvet	Grangemouth Triathlon Club		SFD - Wave 2	01:19:31	00:11:27	00:02:20	00:44:15	00:00:14	00:21:15
33	4	*John Anderson	MSV	Mid Argyll Triathlon & Cycle Club	'S1055673'	SFD - Wave 2	01:20:16	00:11:57	00:03:00	00:43:00	00:00:42	00:21:37
34	42	Catie Clark	FS			SFD - Wave 1	01:20:52	00:11:16	00:02:18	00:46:18	00:00:13	00:20:47

Position	Race No.	Name	Category	Club	TS Licence	CourseClass	RaceTime	Swim	T1	Bike	T2	Run	
35	191	Adam Polnay	Mvet			SFD - Wave 2	01:21:19	00:11:19	00:03:49		00:59:36	00:21:43	Combined Bike & T2 Time
36	218	Victoria Stirling	FS			SFD - Wave 1	01:22:02	00:10:17	00:03:15	00:46:25	00:00:15	00:21:50	
37	53	*Douglas Cowie	Mvint		'S1034411'	SFD - Wave 2	01:22:02	00:13:44	00:03:12	00:43:12	00:00:12	00:21:42	
38	35	Mags Carey	FS			SFD - Wave 1	01:22:07	00:10:43	00:03:59	00:45:10	00:00:22	00:21:53	
39	204	Craig Scott	MS			SFD - Wave 1	01:22:13	00:10:33	00:03:53	00:44:09	00:00:16	00:23:22	
40	216	*Fiona Stewart	FSV		'S10165006'	SFD - Wave 2	01:22:19	00:12:34	00:03:17	00:45:05	00:00:14	00:21:09	
41	161	John Myerscough	Mvint			SFD - Wave 2	01:22:21	00:14:37	00:03:55	00:41:35	00:00:48	00:21:26	
42	219	Laurie Stottlaw	Fvet			SFD - Wave 2	01:22:37	00:11:52	00:03:07	00:45:14	00:00:55	00:21:29	
43	160	Christine Myerscough	Fvint			SFD - Wave 2	01:23:10	00:11:42	00:03:40	00:45:00	00:00:15	00:22:33	
44	12	Bruce Barclay	Mvet			SFD - Wave 2	01:23:28	00:15:38	00:02:37	00:42:33	00:00:16	00:22:24	
45	52	Peter Courtney	MS			SFD - Wave 1	01:23:33	00:13:21	00:04:51	00:45:12	00:00:22	00:19:47	
46	111	Jennifer Jones	FSV			SFD - Wave 2	01:23:48	00:10:57	00:02:11	00:47:36	00:00:30	00:22:34	
47	177	Emma Panpher	Fvet			SFD - Wave 2	01:24:04	00:11:34	00:02:37	00:45:59	00:01:08	00:22:46	
48	233	Laurence Vincent	MS			SFD - Wave 1	01:24:28	00:13:27	00:02:24	00:47:49	00:00:13	00:20:35	
49	213	Emma Sinclair	Fvet	Cairngorm Runners		SFD - Wave 2	01:24:49	00:11:40	00:03:00	00:46:33	00:00:34	00:23:02	
50	112	Sophie Keddie	FS			SFD - Wave 1	01:24:57	00:14:12	00:04:02	00:45:05	00:00:14	00:21:24	
51	55	Fiona Cruden	Fvet			SFD - Wave 2	01:25:02	00:10:56	00:02:55	00:47:19	00:00:15	00:23:37	
52	98	Katherine Harris	FS			SFD - Wave 1	01:25:31	00:11:00	00:03:36	00:46:11	00:00:20	00:24:24	
53	84	Calum Gemmell	MS			SFD - Wave 1	01:25:41	00:15:20	00:04:21	00:44:50	00:00:36	00:20:34	
54	56	*Andrew Cruickshank	MSV	Glasgow Triathlon Club	'S10156301'	SFD - Wave 2	01:25:49	00:11:56	00:02:49	00:49:41	00:00:17	00:21:06	
55	136	Janis Mcarthur	FS			SFD - Wave 1	01:25:51	00:13:48	00:04:47	00:46:26	00:00:13	00:20:37	
56	63	Lucy Dickinson	Fvet			SFD - Wave 1	01:26:08	00:10:47	00:02:53	00:46:56	00:01:15	00:24:17	
57	54	Susanne Crane	Fvet	Somerset RC Tri		SFD - Wave 2	01:26:10	00:10:31	00:04:17	00:48:46	00:00:13	00:22:23	
58	68	Alistair Douglas	MSV			SFD - Wave 2	01:26:15	00:12:51	00:05:00	00:43:55	00:00:15	00:24:14	
59	13	Caroline Bates	Fvet			SFD - Wave 2	01:26:26	00:14:11	00:03:46	00:46:29	00:00:14	00:21:46	
60	133	John MacRae	MSV	Triathlon Inverness		SFD - Wave 2	01:26:27	00:16:16	00:03:46	00:45:49	00:00:22	00:20:14	
61	97	Georgina Harris	FS			SFD - Wave 1	01:26:43	00:13:08	00:03:06	00:47:28	00:00:15	00:22:46	
62	131	Iain MacPherson	MS			SFD - Wave 1	01:26:57	00:12:29	00:03:06	00:48:17	00:00:58	00:22:07	
63	1503	'Going to school buds'	Relay			SFD - Wave 1	01:27:06	00:15:15	00:00:33	00:49:53	00:00:10	00:21:15	
64	90	*Kenneth Gray	Mvint	Edinburgh Triathletes	'S1065769'	SFD - Wave 2	01:27:10	00:13:38	00:03:59	00:44:41	00:00:51	00:24:01	
65	236	Emma Walker	FS			SFD - Wave 1	01:27:39	00:11:49	00:03:16	00:48:24	00:00:15	00:23:55	
66	66	*Suzanne Dolan	Fvet		'S105 2239'	SFD - Wave 2	01:27:57	00:13:17	00:02:23	00:48:03	00:00:13	00:24:01	
67	11	*Kevin Barclay	MSV		'S1051905'	SFD - Wave 2	01:28:51	00:12:14	00:02:00	00:47:38	00:00:17	00:26:42	
68	180	Keith Paterson	MS	TrYthan		SFD - Wave 1	01:28:56	00:12:17	00:03:04	00:48:06	00:00:15	00:25:14	
69	134	Ronnie MacRae	MSV			SFD - Wave 2	01:28:58	00:14:23	00:03:40	00:47:10	00:00:15	00:23:30	
70	171	Jenny O'Dell	FS			SFD - Wave 1	01:29:00	00:11:15	00:04:01	00:50:19	00:00:14	00:23:11	
71	174	Ailie Ord	FSV			SFD - Wave 2	01:29:18	00:12:00	00:03:46	00:48:13	00:00:16	00:25:03	
72	28	Hannah Brutin	FS			SFD - Wave 1	01:29:42	00:13:37	00:04:05	00:49:03	00:00:14	00:22:43	
73	39	Peter Carus	Mvet			SFD - Wave 2	01:29:51	00:12:59	00:03:54	00:49:01	00:01:05	00:22:52	

Position	Race No.	Name	Category	Club	TS Licence	CourseClass	RaceTime	Swim	T1	Bike	T2	Run
74	206	Nigel Shaddick	MSV	Triathlon Inverness		SFD - Wave 2	01:29:56	00:13:01	00:03:48	00:48:10	00:00:20	00:24:37
75	118	Emma Lamont	FS			SFD - Wave 1	01:30:07	00:13:44	00:03:44	00:47:54	00:00:14	00:24:31
76	58	*Ulrike Damerow	FSV		'S1094351'	SFD - Wave 2	01:30:07	00:11:01	00:03:23	00:50:00	00:00:32	00:25:11
77	79	*Adrian Foulds	Mvint		'S1068538'	SFD - Wave 2	01:30:37	00:13:32	00:05:12	00:47:24	00:00:14	00:24:15
78	95	Niamh Guest	FS			SFD - Wave 1	01:30:38	00:15:48	00:04:23	00:47:02	00:00:20	00:23:05
79	205	Lauren Scott	FS			SFD - Wave 1	01:30:44	00:12:48	00:03:30	00:48:38	00:00:15	00:25:33
80	117	Alice Lamont	FS			SFD - Wave 1	01:30:52	00:14:55	00:02:26	00:49:59	00:00:13	00:23:19
81	114	Emma Kennedy	Fvet			SFD - Wave 2	01:30:58	00:12:04	00:03:56	00:51:28	00:00:15	00:23:15
82	193	gareth pritchard	MSV			SFD - Wave 2	01:31:33	00:15:38	00:04:38	00:45:59	00:00:14	00:25:04
83	113	Roddy Keith	MSV	Grangemouth Triathlon Club		SFD - Wave 2	01:31:44	00:14:11	00:04:46	00:46:44	00:01:08	00:24:55
84	139	Jade McDiarmid	FS			SFD - Wave 1	01:31:49	00:17:07	00:03:28	00:46:39	00:00:53	00:23:42
85	129	Graeme Macmillan	Mvet			SFD - Wave 2	01:31:56	00:14:30	00:04:16	00:49:09	00:00:16	00:23:45
86	156	*Claire Murphy	Fvet	Trythan	'S10109085'	SFD - Wave 2	01:32:18	00:10:02	00:03:57	00:53:16	00:00:16	00:24:47
87	77	Susan Evans	FS			SFD - Wave 1	01:32:20	00:16:06	00:04:15	00:45:17	00:00:43	00:25:59
88	109	Wayne Johnston	MSV			SFD - Wave 2	01:32:20	00:15:25	00:04:56	00:47:16	00:01:05	00:23:38
89	235	Kirsten Wade	FS			SFD - Wave 1	01:32:31	00:12:53	00:04:39	00:50:15	00:00:14	00:24:30
90	214	Barry Smeaton	Mvet			SFD - Wave 2	01:33:01	00:13:55	00:03:35	00:51:47	00:00:17	00:23:27
91	45	Fiona Cole	Fvint	Kendal Tri Club		SFD - Wave 2	01:33:12	00:12:22	00:03:33	00:51:20	00:00:46	00:25:11
92	81	Duncan Frew	Mvet			SFD - Wave 2	01:33:28	00:11:52	00:04:38	00:49:41	00:00:42	00:26:35
93	34	Susan Cameron	FSV	Glasgow Triathlon Club		SFD - Wave 2	01:33:36	00:15:54	00:05:03	00:46:51	00:00:16	00:25:32
94	33	*Jim Butcher	MSV		'S10170989'	SFD - Wave 2	01:33:38	00:11:36	00:04:26	00:51:25	00:00:15	00:25:56
95	92	Debbie Green	FS			SFD - Wave 1	01:33:40	00:14:40	00:03:38	00:51:33	00:00:13	00:23:36
96	105	John Hill	Mvet			SFD - Wave 2	01:34:09	00:14:25	00:04:16	00:47:34	00:00:47	00:27:07
97	223	Allan Taylor	MSV			SFD - Wave 2	01:34:12	00:16:49	00:04:01	00:50:49	00:00:15	00:22:18
98	73	Euan Duncan	MS			SFD - Wave 1	01:34:30	00:15:10	00:03:40	00:49:58	00:00:23	00:25:19
99	182	Andrew Paul	MSV			SFD - Wave 2	01:34:30	00:14:39	00:04:35	00:49:17	00:00:18	00:25:41
100	1	Kirsty Adam	FS			SFD - Wave 1	01:34:42	00:14:58	00:03:42	00:50:40	00:00:13	00:25:09
101	173	Sebastian O'Dell	MS			SFD - Wave 1	01:34:51	00:12:59	00:03:41	00:47:06	00:00:18	00:30:47
102	27	Carole Bruce	Fvet			SFD - Wave 2	01:35:16	00:17:41	00:02:47	00:53:22	00:00:13	00:21:13
103	143	Nicholas McKenna	MS			SFD - Wave 1	01:35:42	00:16:20	00:03:47	00:53:10	00:00:11	00:22:14
104	32	Emma Burtles	FSV			SFD - Wave 2	01:35:45	00:14:28	00:04:11	00:52:51	00:00:17	00:23:58
105	1502	'Durty Threesome'	Relay			SFD - Wave 1	01:35:48	00:16:11	00:00:44	00:56:04	00:00:10	00:22:39
106	106	Laura Hine	FS			SFD - Wave 1	01:35:50	00:14:29	00:03:36	00:55:21	00:00:24	00:22:00
107	138	Andrew McDermott	Mvet			SFD - Wave 2	01:35:52	00:15:41	00:06:11	00:49:57	00:00:16	00:23:47
108	25	Nanette Brown	FSV	Montroae Triathlon Club		SFD - Wave 2	01:36:23	00:15:13	00:04:54	00:51:50	00:00:14	00:24:12
109	158	Lynne Murray	Fvet			SFD - Wave 2	01:36:40	00:10:52	00:03:18	00:54:49	00:00:33	00:27:08
110	83	Rebecca Gallantree	FS			SFD - Wave 1	01:36:54	00:11:14	00:03:25	00:54:19	00:00:19	00:27:37
111	18	Helen Bovill	FSV			SFD - Wave 2	01:37:06	00:17:09	00:04:13	00:52:34	00:00:16	00:22:54
112	3	Omar Alkirwi	MS			SFD - Wave 1	01:37:35	00:11:51	00:03:09	00:54:25	00:00:15	00:27:55

Position	Race No.	Name	Category	Club	TS Licence	CourseClass	RaceTime	Swim	T1	Bike	T2	Run	
113	99	Raymond Harrison	MSV			SFD - Wave 2	01:37:42	00:16:33	00:05:34	00:49:45	00:00:14	00:25:36	
114	220	*Mhairi Sweeney	FS	Triathlon Inverness	'S10131852'	SFD - Wave 1	01:38:43	00:11:25	00:03:28	00:57:52	00:00:14	00:25:44	
115	155	Nikki Munro	Fvet			SFD - Wave 2	01:39:05	00:17:59	00:03:50	00:50:56	00:00:31	00:25:49	
116	169	Jillian Oates	FS			SFD - Wave 1	01:39:23	00:13:06	00:04:29	00:55:27	00:00:18	00:26:03	
117	101	Ruth Herrington	FSV			SFD - Wave 2	01:39:32	00:14:56	00:04:46	00:54:11	00:00:17	00:25:22	
118	178	Shona Park	FS			SFD - Wave 1	01:39:34	00:14:20	00:03:06	00:52:21	00:00:14	00:29:33	
119	120	Debbie Linton	FSV	Leeds And Bradford Triathlon Club		SFD - Wave 2	01:40:01	00:14:12	00:03:30	00:55:09	00:00:14	00:26:56	
120	121	Jo Long	FSV			SFD - Wave 2	01:40:09	00:13:12	00:04:50	00:56:31	00:00:13	00:25:23	
121	130	Jacqueline Macmillan	Fvet			SFD - Wave 2	01:40:09	00:10:24	00:04:27	00:57:46	00:00:20	00:27:12	
122	152	Gail Morrison	Fvet			SFD - Wave 2	01:40:26	00:16:40	00:04:03	00:53:09	00:00:14	00:26:20	
123	94	Wendy Gudmundsson	FSV			SFD - Wave 2	01:40:28	00:15:54	00:04:44	00:54:11	00:00:17	00:25:22	
124	48	Jacqueline Connor	FSV			SFD - Wave 2	01:40:57	00:15:31	00:05:38	00:54:35	00:00:17	00:24:56	
125	8	David Ashcroft	MSV			SFD - Wave 2	01:41:26	00:15:07	00:05:37	00:55:51	00:00:21	00:24:30	
126	89	Louise Grant	Fvet			SFD - Wave 2	01:41:27	00:13:14	00:03:02	00:53:49	00:02:09	00:29:13	
127	23	*Jennifer Broadfoot	FS	Stirling Triathlon Club	'S10177252'	SFD - Wave 1	01:41:52	00:16:51	00:04:45	00:52:58	00:00:55	00:26:23	
128	227	Irena Tomankova	Fvet			SFD - Wave 2	01:42:12	00:15:50	00:04:57	00:52:38	00:00:33	00:28:14	
129	93	Jill Gudelis	Fvet			SFD - Wave 2	01:42:34	00:12:18	00:04:48	00:54:30	00:00:31	00:30:27	
130	19	Linsay Brassington	Fvet			SFD - Wave 2	01:42:40	00:11:32	00:04:40	00:56:55	00:00:26	00:29:07	
131	7	Ingrid Artus	Fvet			SFD - Wave 2	01:43:17	00:14:18	00:03:31	00:58:02	00:00:22	00:27:04	
132	86	*Grace Gordon	FS	Montrose Triathlon Club	'S10114031'	SFD - Wave 1	01:43:33	00:13:22	00:02:45	00:56:54	00:00:36	00:29:56	
133	38	Ashley Carstairs	FS			SFD - Wave 1	01:43:46	00:12:37	00:02:26	00:57:08	00:00:16	00:31:19	
134	137	Jane McCallum	Fvet			SFD - Wave 2	01:44:03	00:14:14	00:03:45	00:55:48	00:00:17	00:29:59	
135	96	Marc harper	MS			SFD - Wave 1	01:44:50	00:16:28	00:04:16	00:55:52	00:00:15	00:27:59	
136	75	Katerina Eleftheriou	FS			SFD - Wave 1	01:45:27	00:13:36	00:04:07	00:59:57	00:00:16	00:27:31	
137	100	Catriona Herd	FS			SFD - Wave 1	01:46:10	00:19:12	00:04:45	00:55:12	00:00:45	00:26:16	
138	2	Louise Alexander	Fvet			SFD - Wave 2	01:46:13	00:16:45	00:04:06	00:57:15	00:00:45	00:27:22	
139	26	Victoria Brown	Fvint			SFD - Wave 2	01:46:29	00:12:23	00:05:50	01:03:07	00:00:17	00:24:52	
140	196	*George Reid	Mvint	Triathlon Inverness	'S1042078'	SFD - Wave 2	01:46:46	00:20:12	00:04:41	00:53:31	00:00:17	00:28:05	
141	243	*Annabel Young	FSV			'S10186528'	SFD - Wave 2	01:47:19	00:19:25	00:04:59	00:41:33	00:00:22	00:41:00
142	16	*Myra Bee	Fvet	Triathlon Inverness	'S10169073'	SFD - Wave 2	01:47:22	00:14:47	00:03:07	00:58:00	00:01:00	00:30:28	
143	163	Lorna Nicholson	Fvint			SFD - Wave 2	01:47:25	00:16:15	00:04:49	00:56:32	00:00:35	00:29:14	
144	1501	'Cramond Crew Ladies'	Relay			SFD - Wave 1	01:47:53	00:23:46	00:00:48	00:56:28	00:00:12	00:26:39	
145	231	Jonathan Truslove	MS			SFD - Wave 1	01:49:38	00:13:10	00:04:19	01:08:20	00:00:23	00:23:26	
146	61	Lucy Denvir	FSV			SFD - Wave 2	01:49:49	00:14:54	00:07:22	00:59:01	00:00:18	00:28:14	
147	244	*Anne Young	FSV			'S1073718'	SFD - Wave 2	01:51:42	00:18:13	00:05:03	00:55:02	00:00:17	00:33:07
148	80	Christina Fraser	FS			SFD - Wave 1	01:54:10	00:15:20	00:04:43	01:00:46	00:00:33	00:32:48	
149	203	Catriona Scott	FS			SFD - Wave 1	01:54:39	00:13:38	00:05:57	01:03:59	00:00:15	00:30:50	
150	24	Maggie Brown	Fvet			SFD - Wave 2	01:56:22	00:17:54	00:05:03	00:58:44	00:00:18	00:34:23	
151	127	Mhairi Macinnes	FS			SFD - Wave 1	01:57:04	00:17:32	00:05:39	01:04:12	00:00:14	00:29:27	

Position	Race No.	Name	Category	Club	TS Licence	CourseClass	RaceTime	Swim	T1	Bike	T2	Run
152	151	Anastasia Moreva	FS			SFD - Wave 1	01:57:12	00:16:50	00:09:01	01:05:39	00:00:18	00:25:24
153	217	Alison Stewart	Fvint			SFD - Wave 2	01:58:15	00:12:52	00:04:35	01:08:15	00:00:18	00:32:15
154	154	Heather Munro	FSV			SFD - Wave 2	01:58:48	00:16:23	00:03:52	01:04:51	00:01:08	00:32:34
155	6	Heather Anderson	Fvet			SFD - Wave 2	02:06:54	00:20:38	00:04:08	01:04:30	00:00:23	00:37:15
156	10	Julia Bankova	FS			SFD - Wave 1	02:11:01	00:16:10	00:05:22	01:12:55	00:00:23	00:36:11
157	59	Neil Davies	MSV			SFD - Wave 2	02:13:28	00:19:43	00:07:16	01:06:16	00:00:21	00:39:52
158	230	Judy Trayner	FSV			SFD - Wave 2	02:18:55	00:18:03	00:06:38	01:19:01		00:35:13 Combined T2 & Run Time