



Bowhill Duathlon (Short) - 23rd March 2024

Final Results

Position	Name	Category	Club	Race Time	Behind Time	Run 1	T1	Bike	T2	Run 2
1	Cameron Mason	MS	Cyclocross Reds	00:32:24		00:16:29	00:00:15	00:14:47	00:00:13	00:00:40
2	Innes McDonald	MJ	Scotia Offroad Race Team	00:33:21	+00:00:57	00:16:24	00:00:24	00:15:39	00:00:18	00:00:36
3	David Moffat	MV		00:36:17	+00:03:53	00:16:49	00:00:36	00:17:57	00:00:13	00:00:42
4	Joshua Farrell	MS	Lomond Swimming & Triathlon	00:38:05	+00:05:41	00:17:24	00:00:39	00:19:13	00:00:13	00:00:36
5	Sean Epton	MS	Lanark Triathlon Club	00:38:08	+00:05:44	00:18:18	00:00:14	00:18:50	00:00:13	00:00:33
6	David Carter-Brown	MV	Peebles Triathlon Club	00:38:09	+00:05:45	00:16:56	00:00:37	00:19:38	00:00:23	00:00:35
7	Calum Oates	MS	Glasgow Triathlon Club	00:38:24	+00:06:00	00:17:23	00:00:09	00:20:06	00:00:11	00:00:35
8	Tony Marshall	MS		00:38:37	+00:06:13	00:18:05	00:00:13	00:19:13	00:00:23	00:00:43
9	Chris Little	MS	Studio Velo	00:39:53	+00:07:29	00:19:38	00:00:40	00:18:37	00:00:15	00:00:43
10	Nigel Shekleton	MS	Peebles Triathlon Club	00:39:59	+00:07:35	00:17:53	00:00:55	00:20:16	00:00:12	00:00:43
11	Peter Gardner	MS	Hunters Bog Trotters	00:40:03	+00:07:39	00:18:01	00:00:11	00:20:44	00:00:32	00:00:35
12	Paul Newnham	MV		00:41:09	+00:08:45	00:22:28	00:01:02	00:16:41	00:00:14	00:00:44
13	Ally Wight	MSV	Hardrock Hoodlums	00:41:42	+00:09:18	00:20:07	00:00:48	00:19:53	00:00:19	00:00:35
14	ALAN WIXON	MV	Hardrock Hoodlums	00:41:44	+00:09:20	00:20:24	00:00:47	00:19:38	00:00:12	00:00:43
15	Trevor McDonald	MV	Pentland Triathletes	00:41:48	+00:09:24	00:19:59	00:00:41	00:20:18	00:00:14	00:00:36
16	Jonah Davies-Jones	MS	Strathclyde University Triathlon club	00:43:02	+00:10:38	00:20:00	00:00:18	00:21:40	00:00:27	00:00:37
17	Henry Cruickshank	MV	Peebles triathlon club	00:43:15	+00:10:51	00:20:42	00:00:30	00:20:50	00:00:28	00:00:42
18	Kim McGillivray	MSV	Ronde CC	00:44:35	+00:12:11	00:20:11	00:00:30	00:23:03	00:00:12	00:00:39
19	Iain Haldane	MJ	Manilla Cycling & Triathlon Club	00:44:36	+00:12:12	00:19:46	00:00:18	00:23:34	00:00:26	00:00:32
20	Rosalind Davies-Jones	FS	Team Huckson	00:45:27	+00:13:03	00:19:50	00:00:18	00:24:17	00:00:24	00:00:38
21	Keith Veitch	MS	We Tri	00:45:33	+00:13:09	00:22:23	00:00:17	00:21:59	00:00:15	00:00:39
22	Martin Herriot	MV	Jog Selkirk	00:45:55	+00:13:31	00:21:56	00:00:23	00:22:37	00:00:16	00:00:43
23	Caroline Wallace	FV	Border Triathletes	00:46:01	+00:13:37	00:21:48	00:00:40	00:22:35	00:00:13	00:00:45
24	Jamie Davies-Jones	MS		00:46:17	+00:13:53	00:22:36	00:00:39	00:21:53	00:00:32	00:00:37
25	Hamish Parkinson	MSV	Moorfoot Runners	00:46:54	+00:14:30	00:22:00	00:00:45	00:22:51	00:00:29	00:00:49
26	Jonathan Ellis	MV		00:47:33	+00:15:09	00:24:26	00:00:14	00:21:45	00:00:24	00:00:44
27	Reid Cunningham	MSV	ERC	00:48:24	+00:16:00	00:21:51	00:00:50	00:24:29	00:00:30	00:00:44
28	stephen mcgowan	MV		00:48:29	+00:16:05	00:24:43	00:00:29	00:22:18	00:00:19	00:00:40
29	Adam Wallace	MS	The Sexy Cyclists	00:48:50	+00:16:26	00:23:36	00:00:32	00:23:42	00:00:22	00:00:38
30	Caroline McKaig	FV		00:49:12	+00:16:48	00:23:41	00:00:17	00:24:09	00:00:27	00:00:38
31	Richard Ray	MSV		00:49:15	+00:16:51	00:22:02	00:00:53	00:25:14	00:00:28	00:00:38
32	Grant Young	MS	Studio Velo	00:49:55	+00:17:31	00:27:50	00:00:54	00:20:08	00:00:16	00:00:47
33	Al Millar	MV		00:50:03	+00:17:39	00:23:42	00:00:40	00:24:41	00:00:20	00:00:40
34	Sara de Pablo Torres	FS	Edinburgh RC	00:50:05	+00:17:41	00:23:58	00:00:55	00:23:54	00:00:33	00:00:45
35	Graeme Tibbury	MV		00:50:43	+00:18:19	00:25:30	00:01:03	00:22:54	00:00:25	00:00:51
36	Jason Mitchell	MV		00:51:35	+00:19:11	00:24:50	00:01:20	00:24:20	00:00:21	00:00:44
37	Chris Thompson	MV		00:52:30	+00:20:06	00:24:35	00:01:06	00:25:42	00:00:18	00:00:49
38	Raging Panthers	RELAY	Peebles Triathlon Club	00:52:36	+00:20:12	00:25:47	00:00:20	00:24:58	00:00:44	00:00:47
39	Tricia Bell	FSVINT	Cleveland wheelers	00:53:10	+00:20:46	00:25:24	00:00:15	00:26:21	00:00:31	00:00:39
40	Richard Hebb	MS		00:54:15	+00:21:51	00:27:18	00:01:01	00:24:53	00:00:22	00:00:41
41	Maria Rodriguez Rios	FS		00:54:32	+00:22:08	00:25:51	00:00:23	00:27:12	00:00:17	00:00:49
42	Cat Hirst	FV		00:54:57	+00:22:33	00:26:25	00:00:47	00:26:22	00:00:32	00:00:51
43	chris yates	MVINT	Leeds and Bradford Triathlon	00:55:11	+00:22:47	00:26:35	00:01:40	00:25:43	00:00:20	00:00:53
44	Graham Dicker	MV		00:56:07	+00:23:43	00:25:56	00:00:25	00:28:23	00:00:34	00:00:49
45	David Morrice	MSV	Edinburgh running network	00:56:29	+00:24:05	00:26:24	00:01:01	00:27:46	00:00:38	00:00:40
46	Derek Bolton	MSV		00:58:04	+00:25:40	00:28:59	00:00:37	00:27:19	00:00:20	00:00:49
47	Suzanne Mercer	FSV	Borders Triathletes	00:58:07	+00:25:43	00:28:34	00:00:42	00:27:38	00:00:30	00:00:43
48	Hannah Rowding	FS	Peebles Triathlon Club	00:58:13	+00:25:49	00:26:02	00:00:20	00:29:55	00:00:27	00:01:29
49	Gail Mackay	FS		01:00:11	+00:27:47	00:25:02	00:01:06	00:32:53	00:00:33	00:00:37
50	Jill Bunyan	FSV	TEA Multisports	01:00:46	+00:28:22	00:31:01	00:00:33	00:27:45	00:00:36	00:00:51
51	Lynsey Moody	FV		01:01:06	+00:28:42	00:29:43	00:00:44	00:29:18	00:00:32	00:00:49
52	Lewis Fairweather	MV		01:01:39	+00:29:15	00:30:35	00:01:28	00:28:29	00:00:18	00:00:49
53	Chris Softley	MV		01:01:41	+00:29:17	00:27:07	00:03:33	00:30:02	00:00:15	00:00:44
54	Laura Potter	FS		01:01:49	+00:29:25	00:24:57	00:00:45	00:35:06	00:00:16	00:00:45
55	Emily Gaston	FV		01:02:02	+00:29:38	00:30:02	00:00:41	00:29:51	00:00:36	00:00:52
56	Jamie Brannan	MV		01:03:50	+00:31:26	00:27:49	00:01:10	00:33:27	00:00:40	00:00:44
57=	zubin thacker	MV		01:05:31	+00:33:07	00:32:33	00:00:38	00:30:24	00:00:51	00:01:05
57=	Doug Lunniss	MVINT		01:05:31	+00:33:07	00:32:29	00:00:50	00:30:13	00:00:53	00:01:06
59	Gemma Gillespie	FV		01:05:46	+00:33:22	00:31:16	00:00:49	00:32:36	00:00:20	00:00:45
60	Chris Farrell	MVINT	Perth United Cycling Club	01:07:58	+00:35:34	00:34:29	00:01:22	00:30:39	00:00:25	00:01:03
61	Rebecca Franklin-Ray	FV		01:16:21	+00:43:57	00:33:55	00:01:07	00:39:42	00:00:55	00:00:42
62	Gemma Bolton	FV		01:16:21	+00:43:57	00:33:55	00:01:07	00:39:42	00:00:55	00:00:42
63	Zoe Spence	FV		01:42:01	+01:09:37	00:50:05	00:01:22	00:49:25	00:00:05	00:01:04
	Findlay Dickson	MS	Cambuslang Harriers			00:22:38	00:00:33			