

BOWHILL MEDIUM DUATHLON 2024 - RESULTS

Position	Name	Category	Club	Race Time	Behind	Bike	T1	Run
1	Ewan Brown	MS	Corstorphine	00:50:09		00:27:47	00:01:02	00:21:20
2	Joshua Farrell	MS	Lomond Swimming & Triathlon	00:56:25	+00:06:16	00:31:39	00:00:28	00:24:18
3	Nigel Shekleton	MS	Peebles Triathlon Club	00:56:37	+00:06:28	00:30:44	00:01:03	00:24:50
4	Calum Oates	MS	Glasgow Triathlon Club	00:56:58	+00:06:49	00:32:24	00:00:14	00:24:20
5	Sean Epton	MS	Lanark Triathlon Club	00:57:13	+00:07:04	00:30:57	00:00:26	00:25:50
6	Ally Wight	MSV	Hardrock Hoodlums	00:58:17	+00:08:08	00:30:51	00:00:59	00:26:27
7	Findlay Dickson	MS	Cambuslang Harriers	00:59:14	+00:09:05	00:30:19	00:00:36	00:28:19
8	ALAN WIXON	MV	Hardrock Hoodlums	01:01:15	+00:11:06	00:31:58	00:00:39	00:28:38
9	Trevor McDonald	MV	Pentland triathletes	01:03:04	+00:12:55	00:34:03	00:00:31	00:28:30
10	Peter Gardner	MS	HBT	01:03:07	+00:12:58	00:36:17	00:00:25	00:26:25
11	Iain Bell	MVINT	Gala Harriers	01:06:28	+00:16:19	00:36:03	00:00:21	00:30:04
12	Jason Barnes	MSV		01:06:42	+00:16:33	00:31:36	00:01:18	00:33:48
13	Henry Cruickshank	MV	Peebles triathlon club	01:07:13	+00:17:04	00:34:53	00:00:53	00:31:27
14	Keith Veitch	MS	We Tri	01:07:36	+00:17:27	00:37:03	00:00:14	00:30:19
15	Caroline Wallace	FV	Border Triathletes	01:08:09	+00:18:00	00:37:15	00:00:46	00:30:08
16	Jonathan Ellis	MV		01:09:16	+00:19:07	00:35:48	00:00:57	00:32:31
17	Andrew Campbell	MS		01:11:59	+00:21:50	00:36:27	00:00:53	00:34:39
18	Martin Herriot	MV	Jog Selkirk	01:12:33	+00:22:24	00:38:20	00:00:20	00:33:53
19	Sara de Pablo Torres	FS	Edinburgh RC	01:12:53	+00:22:44	00:38:44	00:00:55	00:33:14
20	Adam Wallace	MS	The Sexy Cyclists	01:12:59	+00:22:50	00:40:39	00:00:17	00:32:03
21	Helen winton	FVINT	Stirling Triathlon Club	01:14:22	+00:24:13	00:40:24	00:00:49	00:33:09
22	Jason Mitchell	MV		01:14:31	+00:24:22	00:39:36	00:01:06	00:33:49
23	Graeme Tilbury	MV		01:16:01	+00:25:52	00:36:51	00:01:40	00:37:30
24	Hamish Parkinson	MSV	Moorfoot Runners	01:17:00	+00:26:51	00:42:44	00:00:43	00:33:33
25	Iain Haldane	MJ	Manilla Cycling & Triathlon Club	01:17:17	+00:27:08	00:37:51	00:00:20	00:39:06
26	Rachael Butcher	FS	Edinburgh Triathletes	01:17:23	+00:27:14	00:44:20	00:01:22	00:31:41
27	John Taylor	MVINT	Triathlonworkx	01:20:10	+00:30:01	00:47:34	00:00:23	00:32:13
28	Zofia Lisowski	FV	DeZeiner Fitness	01:21:08	+00:30:59	00:42:49	00:00:50	00:37:29
29	Maria Rodriguez Rios	FS		01:21:46	+00:31:37	00:43:39	00:00:25	00:37:42
30	Richard Hebb	MS		01:22:32	+00:32:23	00:41:27	00:01:33	00:39:32
31	Marcel Kaljee	MV		01:23:07	+00:32:58	00:45:58	00:00:39	00:36:30
32	David Cheskin	MVINT		01:23:08	+00:32:59	00:45:47	00:00:37	00:36:44
33	David Morrice	MSV	Edinburgh running network	01:23:09	+00:33:00	00:46:11	00:00:44	00:36:14
34	Suzanne Mercer	FSV	Borders Triathletes	01:26:07	+00:35:58	00:48:29	00:00:28	00:37:10
35	Gail Mackay	FS		01:27:39	+00:37:30	00:54:54	00:00:25	00:32:20
36	Reid Cunningham	MSV	ERC	01:27:41	+00:37:32	00:52:41	00:01:28	00:33:32
37	Sandra Scally	FV	hervelo cycling	01:28:07	+00:37:58	00:45:21	00:00:13	00:42:33
38	Chris Softley	MV		01:32:46	+00:42:37	00:52:03	00:03:12	00:37:31
39	Emily Gaston	FV		01:35:34	+00:45:25	00:51:54	00:00:51	00:42:49
40	Rebekah Caunt	FS		01:36:25	+00:46:16	00:52:32	00:00:50	00:43:03
41	Gemma Gillespie	FV		01:37:22	+00:47:13	00:55:49	00:00:33	00:41:00
42	Chris Farrell	MVINT	Perth United Cycling Club	01:48:43	+00:58:34	00:54:48	00:01:54	00:52:01
	Jamie Brannan	MV				01:05:54	00:01:30	