



CRAGGY ISLAND TRIATHLON

Craggy Island
600m Swim Course

CRAGGY ISLAND TRIATHLON

Craggy Island
16km Bike Course
354m Ascent



CRAGGY ISLAND TRIATHLON

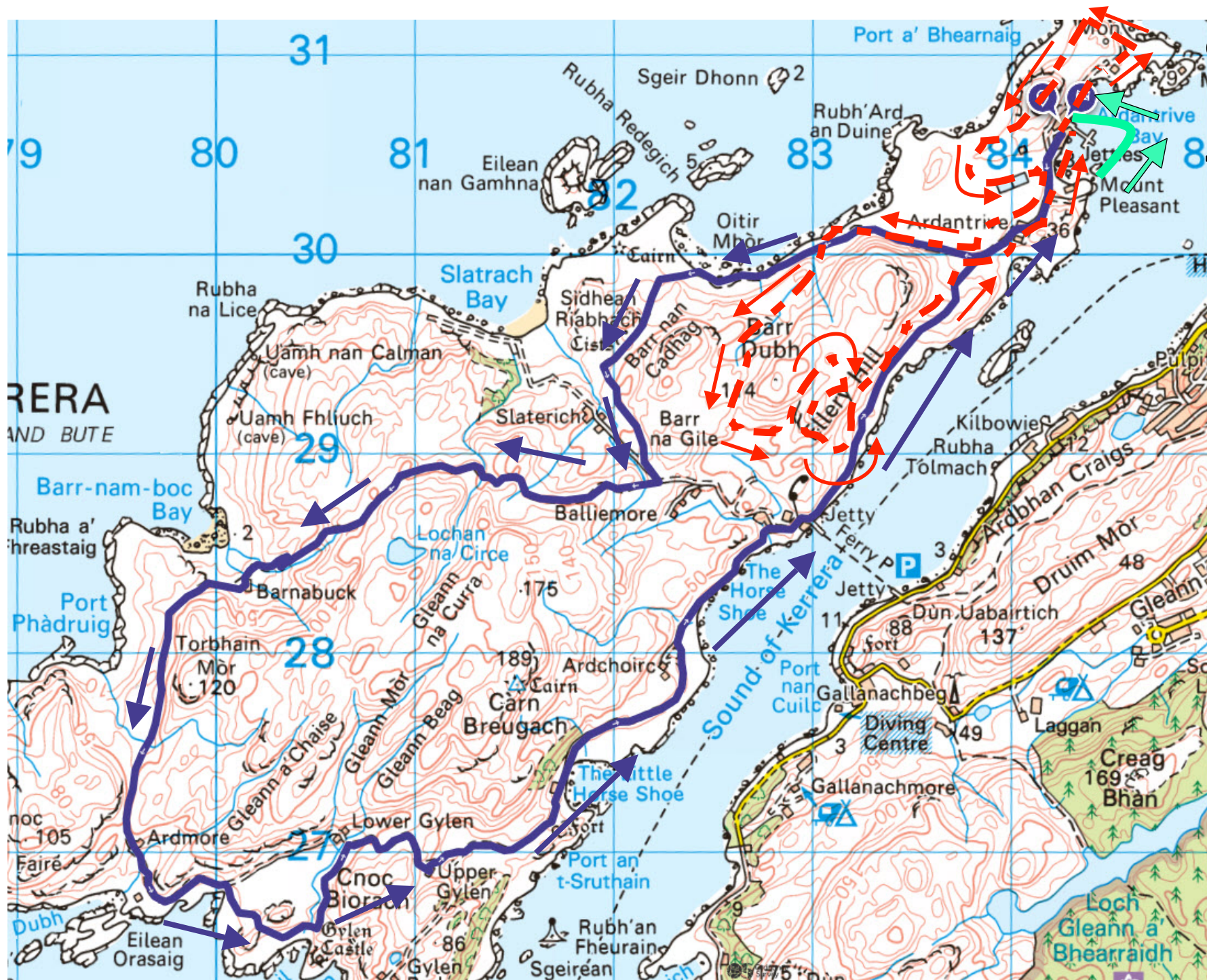
Craggy Island

8.5km Run Course

235m Ascent



CRAGGY ISLAND TRIATHLON



- Craggy Map
- Swim 600m —
 - Bike 16km —
 - Run 8.5km - - -

KERRERA AND BUTE

Port Phàdrùig

Dubh

Port a' Bhearnaig

Sound of Kerrera

Port an t-Sruthain

Loch Gleann a Bhearraidh