



- Series entrants are awarded points per placing so 1st receives 100 points, 2nd 99 points, 3rd 98 points and so on. Highest Score over 3 events Wins
- Only series entrants are awarded points, placings on the event day will vary as some entrants have only signed up for a single event
- Once 3 or more events are complete the lowest score will be removed from your total points

FoxTrail 5k Course Series Standings After Race 3 - Males

Position	Race No.	Name	Club	Category	Overall	R1	R2	R3
1	241	Ben Kinninmonth	Fife Athletic Club	MS	300	100	100	100
2	287	James Thomson	Dunbar Running Club	MS	296	98	99	99
3	257	Owen McCartney		MS	293	99	96	98
4	213	Derek Buglass		MVINT	292	97	98	97
5	278	Chris Sholdis		MS	287	95	97	95
6	232	joe freeman		MV	279	92	93	94
7	226	Peter Dimond		MVINT	274	90	92	92
8	212	William Bridgeman		MVINT	266	88	90	88
9	284	Gerry Taggart	Malvern Buzzards	MSVINT	263	87	89	87
10	254	Roddy MacLeod	Lauderdale Limpers	MSV	190	94		96
11	282	Graeme Sutherland	Lauderdale	MVINT	186	93		93
12	255	Stuart MacPherson		MS	185	91	94	
13	211	R Brettell		MV	96	96		
14	244	Malcolm Landells		MV	95		95	
15	259	Andrew McWhirter		MS	91			91
16	276	HOWARD SELBY		MVINT	91		91	
17	251	Iain Mackay	West Lothian Canicross	MV	90			90
18	210	Jamie Brannan		MV	89			89
19	292	Richard Toward		MV	89	89		

FoxTrail 5k Course Series Standings After Race 3 - Females

Position	Race No.	Name	Club	Category	Overall	R1	R2	R3
1	267	Julie Oswald	MADAC	FSV	298	99	99	100
2	286	Joanne Thompson	NB Runners	FV	295	98	98	99
3	288	Phillipa Thorne	Get After It Girls	FV	291	97	96	98
4	248	Hannah Love		FV	281	93	94	94
5	51	Elvira Drummond		FS	280	91	92	97
6	238	Alison Inglis		FSV	279	90	93	96
7	215	Nicola Burnside	NB Runners	FV	275	89	91	95
8	220	Jude Crichton	Penicuik Harriers	FVINT	262	87	87	88
9	256	Daniella Mair	Dunbar Running Club	FS	261	88	86	87
10	268	Emily Palmer		FS	252	78	84	90
11	271	Katie Rock		FS	252	83	83	86
12	263	Linzi Morrow		FS	248	79	80	89
13	221	Jennifer Cryans		FSV	248	81	82	85
14	219	Emma Craig		FS	245	80	81	84
15	231	Catriona Fraser Harris		FS	238	77	79	82
16	299	Lorna Young	Lauderdale Limpers	FV	232	76	78	78
17	225	Alexandra Davies		FV	230	73	74	83
18	277	Grainne Shields		FSV	230	74	76	80
19	281	Lianne Stewart		FV	216	71	71	74
20	296	Paula Westaby	Eskbank Rubbish Runners	FSV	215	67	69	79
21	264	Mhairi Naismith		FS	209	72	67	70
22	283	Heather Swan	East Lothian Triathlon Club	FV	202	75	77	50
23	243	Emma Laing		FS	200	100	100	
24	217	Mary Collacott		FS	199	53	70	76
25	222	Sarah Crymble		FV	198	63	65	70
26	289	Elaine Timoney	Penicuik Harriers	FSV	193	96	97	
27	207	Polly Black		FV	187	94		93
28	273	Stefanie Russell		FS	187	56	63	68

29	253	Tracy Mackie	Go train east rocks	FV	182	61	57	64
Position	Race No.	Name	Club	Category	Overall	R1	R2	R3
30	205	Kate Bellew		FV	182	92	90	
31	237	Claire Harrod	Lauderdale Limpers	FV	179		88	91
32	290	Michal Toshner		FV	179	49	59	71
33	201	Joanna Alexander	Go train east rocks	FS	179	62	56	61
34	258	Lyndsay McDonald	Winton Chasers	FV	178	60	62	56
35	227	Samantha Donaldson	Winton chasers	FV	177	59	61	57
36	214	Kate Bugler		FV	176	95		81
37	245	Mary-Jane Lawrie		FV	173	57	58	58
38	202	Ruth Ballard	Tweed Striders	FV	173	84	89	
39	203	Heather Barnes	Tweed Striders	FVINT	171	85	86	
40	224	Ulrike Damerow		FVINT	168	51	55	62
41	274	Jennifer Scott		FS	162	86		76
42	293	Alex Townsend		FV	158	47	51	60
43	252	Kirsty Mackenzie		FS	155	46	50	59
44	242	Lisa Kitson		FV	147	45	48	54
45	250	Katrina Macintosh		FS	145	68		77
46	297	Sally Wielding		FV	145		73	72
47	208	Cara Blaisdell		FV	145	70	75	
48	233	Zuzana Gibb		FV	142	69		73
49	279	LAURA SOMMERVILLE		FV	138	42	45	51
50	229	Leila Dunn		FV	137	65	72	
51	236	Joanna Hagan		FS	134	82	52	
52	294	Regina Tracy		FSV	133	66		67
53	235	Sarah Gregory		FV	130	64	66	
54	291	Pamela Toward		FV	123	55	68	
55	246	Minna Long		FS	119		53	66
56	270	Mark Ravenhill		FVINT	119		64	55
57	240	Pauline Kennedy		FSV	118	58	60	
58	298	Mollie Wilson		FS	107	54		53

59	228	Isabel Duckenfield	Falkirk Victoria Harriers	FSV	106	52	54	
Position	Race No.	Name	Club	Category	Overall	R1	R2	R3
60	249	Diane Macaloney		FSV	97	48	49	
61	239	Laura Jeffrey	Tweedstriders	FV	95		95	
62	260	Sarah McWhirter		FS	92			92
63	204	Clare Barnett		FSV	91	44	47	
64	262	Joanne Moran		FS	89	43	46	
65	101	Sarah Lauckner		FSV	65			65
66	265	Lisa Norman		FV	63			63
67	216	Heather Carey		FV	52			52
68	285	Laura Taylor		FSV	50	50		