

FOXTrail 5K
Winter Running Series

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ATHLETE GUIDE

RACE 4 – HARVEST MOON

SATURDAY 7TH FEBRUARY



WELCOME

Thank you for your entry to the Foxtrail Winter Series.

We're nearing the end of our Foxtrail series with the Harvest Moon Half Marathon & 5k taking place on Saturday 8th February. This document is full of useful information, please read it carefully as it will answer all if not most of your questions.

This document includes information on the following:

- [Race Timings](#)
- [Race Logistics \(inc. Starts and Bag Drop\)](#)
- [Transport](#)
- [Registration and Race Timing](#)
- [Course Description](#)
- [On Course Nutrition](#)
- [Race Rules](#)
- [Accommodation](#)

We look forward to welcoming you to the race.



IMPORTANT POINTS

- Registration is 8.30am-9.40am please arrive in plenty of time to park, register and get ready
- Toilets are provided on site please use them, we do not want to lose the use of the venue
- There are no cups at our feed stations you will need to bring your own
- Your dibber is your timing chip the information is stored on the chip so you must return this at the end
- If you withdraw from the race at any point you must report to the finish line
- If you have entered the series you will only receive 1 race number and you must bring it to each event



RACE TIMINGS AND LOGISTICS

Location

The race venue will be Harvest Moon Holidays, Lochhouses Farm, Tynninghame, East Lothian EH42 1XP (Race Registration & Finish Line). Follow the signs for the Marquee Field for Parking and Registration.

How to get there

Public transport may be a viable way of getting to the race. Edinburgh, Dunbar and Berwick are all on the East Coast Rail mainline. Please see: www.scotrail.co.uk and www.lothianbuses.com for more info.

Parking

There is plenty of parking at Harvest Moon. However, think of the planet and car share/take public transport if you can. Please follow signage and marshals instructions on arrival. Please follow signage to the Marquee Field where Registration, Start and Finish will be located.

Schedule

Critical race day times are below:

Saturday 7th February

0830	Registration for all Events Opens
0940	Registration Closes
0945	Race Briefing for all races
0950	Mass Warm Up from East Rocks Run Club - TBC
1000	Full Distance Race Start
1010	5k Race Start
1100	5k Prizegiving (Approximate Time)
1200	Prize Giving Half Marathon (Approximate Time)



Please pay particular attention to registration timings, if you're not registered on time you can't race! 😊

NB. If you have entered the full series, you will keep the same number for use at each event, but you will still need to come to registration to collect your timing chip.

Bag Drop

There will be an unmanned bag drop facility on site. Bags will be left at owner's risk.

Please don't leave valuables in bags. We do not accept any responsibility for lost or stolen items.

Facilities at the Start & Finish Line

Race HQ at Harvest Moon will have portable toilets. This will be the start and finish area for this event.

Follow us for updates
[@foxtrailscotland](https://www.instagram.com/foxtrailscotland)



REGISTRATION, TIMING AND FINISH

Registration

You'll receive your timing chip (Sport Ident 'dibber' type) and one race number at registration. The race number goes on you, **please pin the number on your front**, please **do not fold this number or pin it to your leg** it makes it very difficult for marshals to read. The timing chip goes on your wrist you will need to use it on the finish line.

Please make sure you **return your dibber** at the finish line or you will not be given a result and will incur a replacement charge of £35. Not returning your chip may also result in us sending out a search party for you, please don't make us come looking!



Finish + Prize-Giving

Prize-Giving will be held near the Finish line as soon as possible after the event. Relax, grab something from the Wee Green van (menu opposite) and claim your prize (or cheer on those that did win a prize!).

Prizes will be awarded to 1st, 2nd and 3rd male and female on both the full event and the 5k event.

Race results will be available at www.durtyevents.com/results.

Race Photographs will be published on our social media channels as soon as possible after the event.

DURTY RUN

Breakfast Rolls

Bacon
or Veggie Sausage

Hot Drinks

(Included with race entry)

Espresso

Americano

Tea (breakfast, green, peppermint,
ginger)

Latte

Flat white

Cappuccino

Mocha

Hot Chocolate

PROUDLY
SERVING



ROUTE INFORMATION

Course Description:

The course will be fully way-marked and marshalled. Due to complications with fallen trees, you may find that the 5km is slightly long (maybe an extra 1km) think of it as value for money. 😊

The course is entirely off road and can be muddy in places. You are likely to encounter other users and members of the public, please be courteous – they have the same rights as you to be there. ‘Race Head’ will not be an acceptable excuse for being nasty!

Surfaces vary from rough rooted paths, to muddy trails and sandy coastal paths. There are some rougher sections of footpath alongside the beach in places – please take extreme care. A bit of everything, just what you’d expect from a trail race!

The course distance is approximate and intended as a guideline for you to estimate the nature of the event. We’re not interested in what your Garmin says 😊.

Footwear: We suggest that trail running shoes will be the sensible choice, road flats are not recommended. Whilst the course is generally on good surfaces, there are sections that are less good and a little more challenging.

Aid Stations

There will be an aid station the half marathon course you will pass this point on 2 occasions, at approximately 5km, and 15km. Please note there is no aid station on the 5k route.

A Greener Foxtrails!

Feed station cups are our biggest source of waste. So, we’re stopping using them. **Completely.** There will be no cups at feed stations. **You need to bring your own** or, if you don’t have one, we’ll provide you with a re-usable soft folding cup, just ask for one at registration. You will need to carry this with you and use it on the course if you wish to use feed stations.



Golden Rules

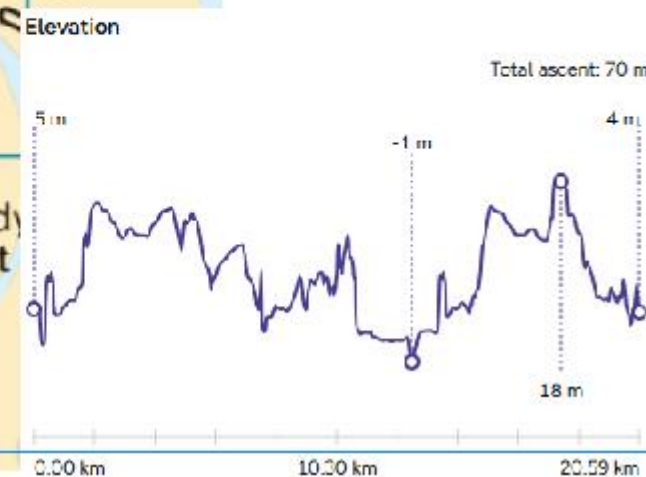
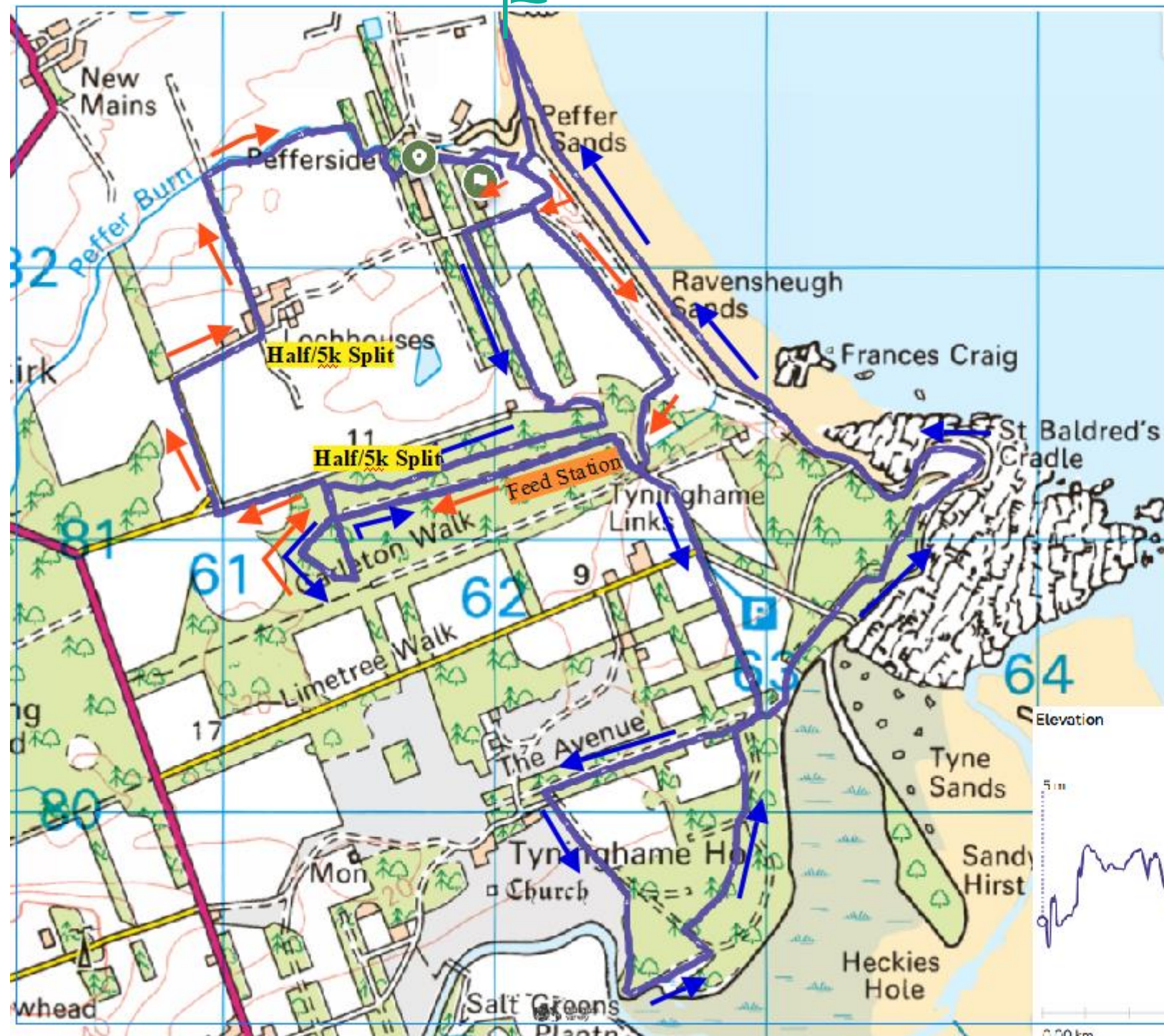
No Litter. Anywhere. Full Stop. This includes the car parks. It specifically includes gel wrappers, banana skins, cups etc. If you’ve got any of these, either bring back to the finish with you, hand to a marshal or use one of the bins at the Aid Station. We rely on the goodwill of landowners for the race to happen at all, and they do check the course after we’re finished for this kind of thing. Please comply – we don’t want to do it, but it’s an instant DQ for littering. You’ve been warned!

Race 4 - Half Marathon Harvest Moon

Follow Blue Arrows loop 1 and then Red Arrows for loop 2

Important Note:

There are no course markings on the beach, once on the beach you will run along the sand until you cross the peffer burn, there will be a FoxTrail Feather Flag donating the turn around point, turn at the flag and proceed back down the beach back over the peffer burn, then exit the beach at the red Dirty Events Flag





Summer 2026 is on it's way, join us for an atmospheric trail run. Starting at Arron House and following trails through the Esk Valley passing tumbling waterfalls, still river pools and quiet natural forests. The finish line is at Stewart Brewing HQ where you can quench your thirst and celebrate your achievement over a beer (the first one's on us!).

Event Date - 6th June 2026

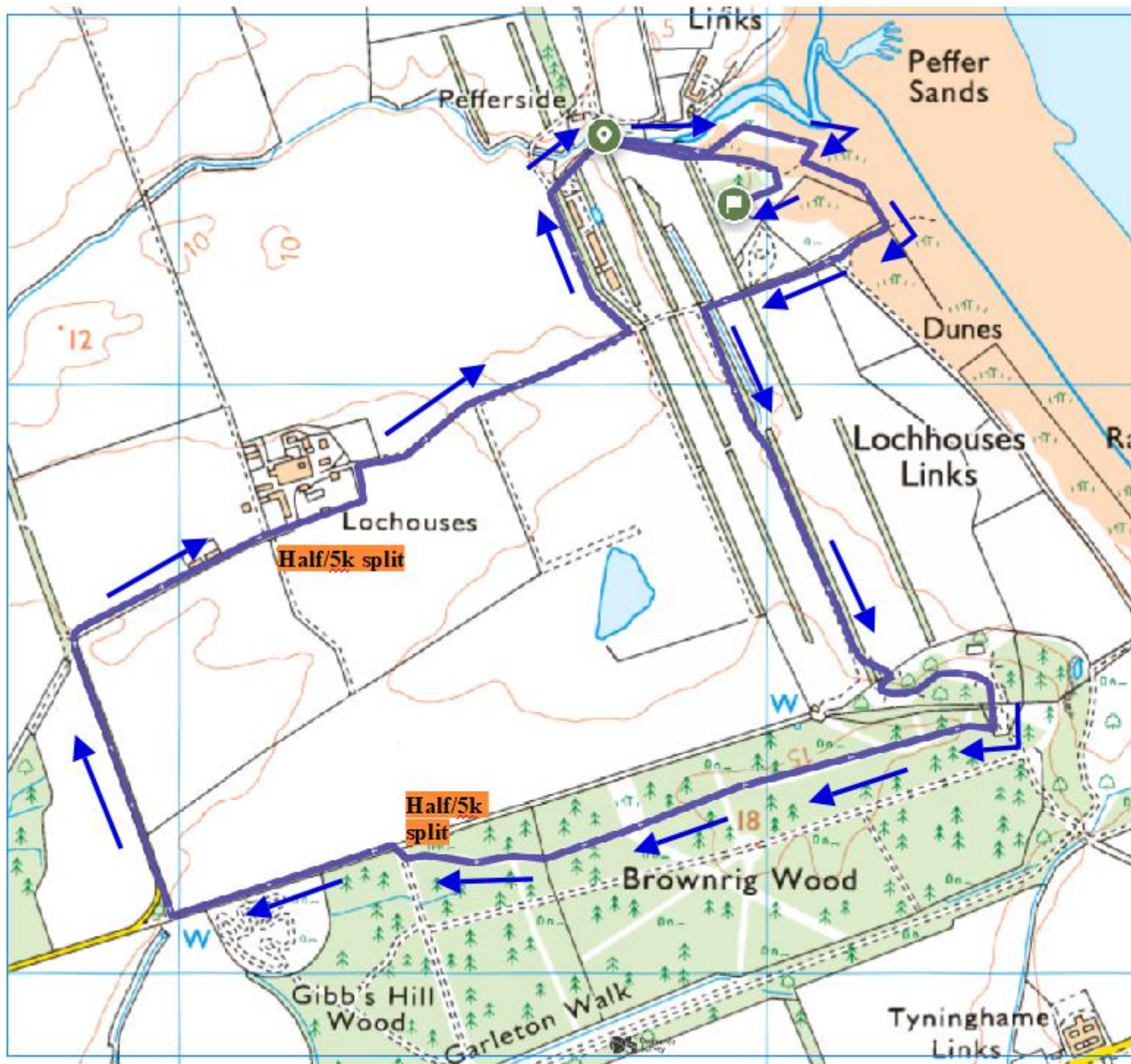
[Sign Up Now](#)



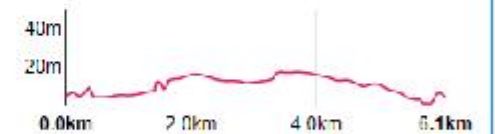
**STEWART
BREWING**



**Race 4 -
Harvest Moon 5k**



Elevation



Lowest 0m Highest 18m

Total ascent 44m

DURTY TRAIL WEEKENDER SUNDAY 9TH AUGUST



**FOUR TRAIL RUNS:
5K, 10K, 25K, & ULTRA**



**BOWHILL ESTATE
SELKIRK**



DURTY TRAIL WEEKENDER

Top trail running, Big Views,
Scottish Borders Magic.

Get your Summer Trail Shoes
Ready for the inaugural Dirty
Trail Weekender

Sunday 9th August 2026

Set in and around the stunning
Bowhill Estate, this is a proper
celebration of off-road running:
rolling trails, punchy climbs and
scenery to take your breath away
if the hills have not already done
that!

Whether you are chasing
elevation or just want an
unforgettable run in a beautiful
place, this one is for you.

Four Distances: 5k, 10k, 25k &
50k

Visit:
www.durtyevents.com/events
to find out more

AND FINALLY

Volunteers – (Help Needed)

This event requires a small number of folks to make it happen – course marshals, aid station teams, registration and finish crew etc.

Do you have friends, family or clubmates that fancy coming along to help make this event happen? Volunteering will give them a unique view of the course and enable them to shout abuse (oops! I meant 'encouragement' 😊) at you along the way. If so... **we need them!** Please email info@durtyevents.com if you think you can help.

In exchange for their help we offer a whole heap of fun with like-minded people, our deep appreciation, and a warm fuzzy glow of being an essential part of making it happen. If you can bring a group of people (e.g. club, community organisation etc.) we can also make a donation to your cause.

Accommodation

For accommodation options, this is a good starting point: <https://www.visitscotland.com/accommodation>

Harvest Moon Holidays are perfectly located for our events at Foxlake Adventures Dunbar and are the venue for our Harvest Moon Half Marathon. Check out their accommodation at www.harvestmoonholidays.com



CHECK OUT OUR OTHER GREAT EVENTS



RUN|RIDE|SWIM|TRI|ADVENTURE

WWW.DURTYEVENTS.COM

WITH THANKS



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