



- Series entrants are awarded points per placing so 1st receives 100 points, 2nd 99 points, 3rd 98 points and so on. Highest Score over 3 events Wins
- Only series entrants are awarded points, placings on the event day will vary as some entrants have only signed up for a single event
- Once 3 or more events are complete the lowest score will be removed from your total points

FoxTrail 5k Course Series Standings After Race 4 - Males

Position	Race No.	Name	Club	Category	Overall	R1	R2	R3	R4
1	241	Ben Kinninmonth	Fife Athletic Club	MS	300	100	100	100	
2	287	James Thomson	Dunbar Running Club	MS	298	98	99	99	100
3	257	Owen McCartney		MS	295	99	96	98	98
4	213	Derek Buglass		MVINT	294	97	98	97	99
5	278	Chris Sholdis		MS	287	95	97	95	
6	282	Graeme Sutherland	Lauderdale	MVINT	283	93		93	97
7	232	joe freeman		MV	282	92	93	94	95
8	255	Stuart MacPherson		MS	281	91	94		96
9	226	Peter Dimond		MVINT	278	90	92	92	94
10	284	Gerry Taggart	Malvern Buzzards	MSVINT	267	87	89	87	91
11	212	William Bridgeman		MVINT	266	88	90	88	
12	254	Roddy MacLeod	Lauderdale Limpers	MSV	190	94		96	
13	251	Iain Mackay	West Lothian Canicross	MV	183			90	93
14	210	Jamie Brannan		MV	181			89	92
15	211	R Brettell		MV	96	96			
16	244	Malcolm Landells		MV	95		95		
17	259	Andrew McWhirter		MS	91			91	
18	276	HOWARD SELBY		MVINT	91		91		
19	292	Richard Toward		MV	89	89			

FoxTrail 5k Course Series Standings After Race 4 - Females

Position	Race No.	Name	Club	Category	Overall	R1	R2	R3	R4
1	267	Julie Oswald	MADAC	FSV	299	99	99	100	100
2	286	Joanne Thompson	NB Runners	FV	295	98	98	99	97
3	288	Phillipa Thorne	Get After It Girls	FV	291	97	96	98	94
4	289	Elaine Timoney	Penicuik Harriers	FSV	289	96	97		96
5	248	Hannah Love		FV	281	93	94	94	
6	51	Elvira Drummond		FS	280	91	92	97	89
7	207	Polly Black		FV	279	94		93	92
8	238	Alison Inglis		FSV	279	90	93	96	90
9	214	Kate Bugler		FV	275	95		81	99
10	215	Nicola Burnside	NB Runners	FV	275	89	91	95	88
11	205	Kate Bellew		FV	268	92	90		86
12	220	Jude Crichton	Penicuik Harriers	FVINT	262	87	87	88	85
13	256	Daniella Mair	Dunbar Running Club	FS	261	88	86	87	80
14	237	Claire Harrod	Lauderdale Limpers	FV	260		88	91	81
15	231	Catriona Fraser Harris		FS	259	77	79	82	98
16	202	Ruth Ballard	Tweed Striders	FV	257	84	89		84
17	268	Emily Palmer		FS	256	78	84	90	82
18	271	Katie Rock		FS	252	83	83	86	77
19	221	Jennifer Cryans		FSV	250	81	82	85	83
20	203	Heather Barnes	Tweed Striders	FVINT	249	85	86		78
21	263	Linzi Morrow		FS	248	79	80	89	76
22	219	Emma Craig		FS	245	80	81	84	74
23	277	Grainne Shields		FSV	243	74	76	80	87
24	225	Alexandra Davies		FV	236	73	74	83	79
25	274	Jennifer Scott		FS	233	86		76	71
26	299	Lorna Young	Lauderdale Limpers	FV	232	76	78	78	72
27	217	Mary Collacott		FS	219	53	70	76	73
28	281	Lianne Stewart		FV	216	71	71	74	69
29	296	Paula Westaby	Eskbank Rubbish Runners	FSV	216	67	69	79	68
30	283	Heather Swan	East Lothian Triathlon Club	FV	212	75	77	50	60

Position	Race No.	Name	Club	Category	Overall	R1	R2	R3	R4
31	264	Mhairi Naismith		FS	209	72	67	70	66
32	233	Zuzana Gibb		FV	205	69		73	63
33	208	Cara Blaisdell		FV	204	70	75		59
34	229	Leila Dunn		FV	202	65	72		65
35	294	Regina Tracy		FSV	200	66		67	67
36	243	Emma Laing		FS	200	100	100		
37	222	Sarah Crymble		FV	198	63	65	70	62
38	273	Stefanie Russell		FS	195	56	63	68	64
39	239	Laura Jeffrey	Tweedstriders	FV	188		95		93
40	290	Michal Toshner		FV	185	49	59	71	55
41	253	Tracy Mackie	Go train east rocks	FV	182	61	57	64	57
42	201	Joanna Alexander	Go train east rocks	FS	181	62	56	61	58
43	258	Lyndsay McDonald	Winton Chasers	FV	178	60	62	56	52
44	227	Samantha Donaldson	Winton chasers	FV	177	59	61	57	53
45	270	Mark Ravenhill		FVINT	173		64	55	54
46	245	Mary-Jane Lawrie		FV	173	57	58	58	
47	224	Ulrike Damerow		FVINT	168	51	55	62	
48	293	Alex Townsend		FV	162	47	51	60	51
49	252	Kirsty Mackenzie		FS	159	46	50	59	50
50	242	Lisa Kitson		FV	147	45	48	54	
51	249	Diane Macaloney		FSV	146	48	49		49
52	250	Katrina Macintosh		FS	145	68		77	
53	297	Sally Wielding		FV	145		73	72	
54	279	LAURA SOMMERVILLE		FV	144	42	45	51	48
55	236	Joanna Hagan		FS	134	82	52		
56	235	Sarah Gregory		FV	130	64	66		
57	291	Pamela Toward		FV	123	55	68		
58	246	Minna Long		FS	119		53	66	
59	240	Pauline Kennedy		FSV	118	58	60		
60	298	Mollie Wilson		FS	107	54		53	
61	228	Isabel Duckenfield	Falkirk Victoria Harriers	FSV	106	52	54		
62	223	Eilidh Cummins		FS	95				95

Position	Race No.	Name	Club	Category	Overall	R1	R2	R3	R4
63	260	Sarah McWhirter		FS	92			92	
64	234	Jenny Gordon	NB Runners	FV	91				91
65	204	Clare Barnett		FSV	91	44	47		
66	262	Joanne Moran		FS	89	43	46		
67	9	Angela Balharrie	Go train east rocks	FSV	75				75
68	109	jacqueline marquis	VCM	FSV	70				70
69	101	Sarah Lauckner		FSV	65			65	
70	265	Lisa Norman		FV	63			63	
71	141	Anna Nordahl		FV	61				61
72	218	shona cowie		FV	56				56
73	216	Heather Carey		FV	52			52	
74	285	Laura Taylor		FSV	50	50			