



Bowhill Trail Weekender 2026

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Welcome

Welcome to the Bowhill Trail Weekender, a selection of stunning runs in the Bowhill Country Estate and into the bonny Borders Hills beyond.

Contained within this document is important information to help you prepare for race day. Please have a read through, and if at the end you still have some questions, get in touch via email to info@durtyevents.com.

This document includes information on the following:

- Race Timings
- Venues
- Registration Information
- Parking, Travel and Accommodation
- Mandatory Kit, Race Rules, etc
- Route Information
- Spectator Information
- Finish & Prizegiving

We look forward to welcoming you to the event.



IMPORTANT INFO..

- Please do not arrive Selkirk Rugby Club for Camping before 4.30pm on Friday 7th August, You must be clear of the Campsite by 11am on Sunday
- Please note Camping is at Selkirk Rugby Club approximately 4 miles from the start line at Bowhill Estate
- Click [here](#) for location of Entrance to Bowhill Estate for Parking following the B7009 road, Please do not use the main entrance on the A708 road
- You must bring all mandatory kit to registration (applies to 50k & 25k only)
- Cut Off times must be adhered to it is not acceptable to continue on the route if you have missed a cut off
- If you withdraw or are cut off you will need to find your own way back to Bowhill, and report to the finish line to let us know you are safe and well
- The Event Control phone number is **0330 223 5706** this is to be used in the case of emergency
- There are cut off times for the 25k & 50k only, please note these if you have entered these events
- There is mandatory kit to be carried by 25k & 50k runners, this may also apply to 10k runner if the weather is particularly poor. These items must be brought to registration failure to have these items may result in you being withdrawn from the event.
- You will be given a timing chip which must be worn on your wrist for the event and returned to us at the finish line. Failure to return your chip will result in no recorded time and a bill for around £40 to replace the chip.

Race Venue(s)

REGISTRATION 1 – Selkirk Rugby Club, Ettrickhaugh Road, Selkirk, TD7 5AX

All runners must register even if pre-entered. If you are registering on Saturday then this can be done at Selkirk Rugby Club between 5pm-7pm. Here you will receive your race number and timing chip.

Please note: There will be **no** registration in Selkirk Rugby Club on Sunday morning

REGISTRATION 2 – Event HQ, Bowhill Country Estate, near Selkirk, TD7 5ES

For those of you who prefer to register on event day registration will be open on the event site between 6.30am-10.45am on Sunday. Our coffee van will be open on site for an early morning caffeine boost

CAMPING – Selkirk Rugby Club, Ettrickhaugh Road, Selkirk, TD7 5AX

Camping is available at Selkirk Rugby Club from Friday at 4.30pm until Sunday at 11am. Our Selkirk Gravel event is taking place on the Saturday with the start and finish line based at the Rugby Club, coffee and food vendors will be on site and the bar will be open throughout. See our riders finish on Saturday afternoon and then head into the club for some live music. There is no access to power for vans at the rugby club and you will not be able to park directly next to your tent.

PARKING – Event HQ, Bowhill Country Estate, near Selkirk, TD7 5ES

Parking is available on site, please arrive at Bowhill via the B7009 (Road to Ettrick) and follow the event signage

How to get there

From Selkirk take the B7009 towards Ettrickbridge and enter the Bowhill Estate via the small bridge signposted “yarrow Valley B7039 1½” Once over the bridge follow the event signage and marshals instructions.

WEEKEND Schedule

Day	Time	Detail	Location
Friday 7 th Aug	4:30pm	Car Park & Campsite Open	Selkirk Rugby Club
Friday 7 th Aug	7:00pm-Late	Bar Open	Selkirk Rugby Club
Saturday 8 th Aug	9:30am-10:30am	Campsite Temporarily Closed to New Arrivals to allow gravel ride start	Selkirk Rugby Club
Saturday 8 th Aug	12:00pm-8:00pm	Food Truck Open	Selkirk Rugby Club
Saturday 8 th Aug	Afternoon-Late	Bar Open, live music	Selkirk Rugby Club
Saturday 8 th Aug	5:00pm-7:00pm	Registration Open, All Trails	Selkirk Rugby Club
Sunday 9 th Aug	6:20am	Car Parking Opens	Bowhill Estate
Sunday 9 th Aug	6:20am-5:00pm	Coffee Vendor Open for Coffee & Snacks	Bowhill Estate
Sunday 9 th Aug	6:30am	Registration Open	Bowhill Estate
Sunday 9 th Aug	11:00AM	Campsite Closed & Site Cleared	Selkirk Rugby Club
Sunday 9 th Aug	7:00am	50k Race Start	Bowhill Estate
Sunday 9 th Aug	9:00am	25k Race Start	Bowhill Estate
Sunday 9 th Aug	10:00am	10k Race Start	Bowhill Estate
Sunday 9 th Aug	11:00am	5k Race Start	Bowhill Estate
Sunday 9 th Aug	11:30am	10k Prize Giving	Bowhill Estate
Sunday 9 th Aug	11:45am	5k Prize Giving	Bowhill Estate
Sunday 9 th Aug	12:00pm	50k Prize Giving	Bowhill Estate
Sunday 9 th Aug	12:30pm	25k Prize Giving	Bowhill Estate

Registration & timing

Saturday 5-7pm at Selkirk Rugby Club or Sunday 6.30-10.40am at Bowhill Country Estate

All runners must register even if pre-entered. Here you will receive your race number and timing chip as well as any other information you may need.

For 25km and 50km runner only you will need to bring your mandatory kit with you for checking.

Please note – there will be NO registration at Selkirk Rugby Club on Saturday morning.

At Registration you will receive:

Your Race Number – this must be attached to the front of your clothing so that it is visible at all times. Bear in mind you may be adding or discarding layers during the run.

Timing Chip – this is to be worn on the wrist, may be asked to dib it at checkpoints so please ensure it remains on your wrist if you are removing jacket etc. **Please Note:** Your time is stored on the chip so in order for us to produce your result we must receive the chip back on the finish line



Mandatory Kit 25k & 50k Runners only

This is the kit list regardless of the weather – even if there is bright blue sky and not a cloud to be seen. With the length of this event and the fickle nature of weather in the hills, this kit may come in useful and therefore needs to be carried. This list is the minimum and you will most likely be grateful for more!

The organisers reserve the right to disqualify any competitors who, in their opinion, do not have the necessary kit to survive in an emergency situation. Cotton clothing is not suitable.

You are required to take with you the following items:

- Waterproof jacket with hood** - not a bin bag or fashion jacket, but one suitable for mountain running and walking. It needs to have a waterproof membrane and taped seams.
- Waterproof trousers** – suitable for mountain running (see above) - midweight, rather than skinny 'race weight. Knee length zips are recommended to aid rapid deployment
- Warm Hat** (not a buff) & **Gloves** (Wind & Waterproof over mitts are highly recommended
- Cup** a vessel that can take at least 200ml of water. And can be used for hygienically drinking from (so you can't use your shoe!) The soft / flexible / foldable cups are lightweight & suitable.
- Mobile phone** for use in emergencies or you may also want to bring a fully charged battery pack to recharge your phone if needed in an emergency

Please use your common sense. These runs take in some wild terrain. If the weather is bad then pack additional extra layers of kit and if the weather is good (it is summer after all!) you may want to pack some sunscreen & a summer hat. You may also want to pack a whistle or at least know where it is on your race bag.

Note for 10k runners

Please note if the weather is particularly unseasonable we may also ask 10k runners to carry these items

Route Information

The Routes

The route has been fully waymarked, the signs you are following will mostly be A4 size with a few larger versions, an example will be shown at the verbal briefing before the start. You will also find ribbons of purple and orange denoting the routes.

As we have 4 distances we will mark any split points on the route so there may be points where the arrows go right but there is a sign saying 5k with an arrow left. Keep your eyes peeled and make sure you follow the correct signage, you don't want to accidentally do an extra 45k!

Feed Stations

The approximate locations of feed stations are shown in the table below, if the weather is particularly hot we may add additional feed stations at suitable locations



Distances	Aid 1 - km	Aid 2 - km	Aid 3 - km
5k – Durty Dash	2.8km		
10k – Weekend Wanderer	3.7km		
25k – Hill Hopper	5km	17km	
50k – Hills & Horizons	5km	17km	38km

The Countryside code

We would like to draw your attention to the Countryside Code which provides information on how to behave when out in the British countryside. <https://www.gov.uk/government/publications/the-countryside-code> and <https://www.gov.uk/government/publications/the-countryside-code/the-countryside-code-advice-for-countryside-visitors>

Cut Offs 25km & 50km Only

Cut Offs

We have decided to be generous with the cut offs, to hopefully allow everyone to complete the route without any added stress. You must leave the Check Points by the times given below:

25km – Hill Hopper

Distance	Cut Off Time	Time of Day
5km	1 Hour 15mins from Start	10:15am
7.5km	2 Hours from Start	11:00am
17km	4 Hours 30mins from Start	1:30pm

50Km Hills & Horizons

Distance	Cut Off Time	Time of Day
5km	1 Hour 15mins from Start	8:15am
7.5km	2 Hours from Start	9:00am
17km	4 Hours 30mins from Start	11:30am
23km	6 Hours from Start	1:00pm
38km	8 Hours from Start	3:00pm

If you are unfortunate enough to not make the cut off time, please make your way to the nearest marshal or call the Event Emergency number **0330 223 5706** and we will advise you what to do.

If you are asked to leave the course by a marshal please do so, continuing under your own steam is not an option and will jeopardise the future of this event

Finish, Results Etc

Finish

The finish will be in the grounds of Bowhill House, in the same place that you started.

Post-race Refreshments

There will be food trucks at the start/finish line selling a selection of food and drinks.

Results

The final results list will appear on the [Durty Events website](#) shortly after the event has finished.

Prize-giving

We will be presenting prizes for the top 3 Males and Females overall in each distance, please see the prizegiving timings below:

Event	Prize Giving Time
10k Weekend Wonderer	11.30am
5k Durty Dash	11:45am
25k Hill Hopper	12:30pm
50k Hills & Horizons	12:00pm

Photography

We will have our event photographers popping up along the route taking pictures of you all. The event photographs will be available on our website shortly after the event <https://www.durtyevents.com/galleries>

Parking & Camping



Parking at Bowhill – Parking at Bowhill will be on the west side of the site, so entry for cars will be from the B7009 which runs from Selkirk towards Ettrickbridge. Please use the small bridge signposted for Yarrow Valley and then follow on site Durty Events Signage

Please do not enter the site via the Generals Brig (Yarrow Valley)

Camping – camping is available nearby (approximately 4 miles away) at Selkirk Rugby Club, please note these are basic facilities, there are showers and toilets but no electrical hooks ups. Camping will open at 4.30pm on Friday (please do not arrive before this time) and closes at 11am on Sunday. **Please Note:** On Saturday there Selkirk Gravel Classic will be exiting the site between 9.30am-10.30am so access is restricted during these times.

Camping area

If are camping at Selkirk Rugby Club.

Please stick to the authorised camping areas. We need to keep the Rugby Club happy and so there's a handful of things we ask you not to do please;

- a) Please, no vehicles or tents on the rugby pitches
- b) Campervans are fine by us – Please keep them on the hard standing areas
- c) Please make sure you take everything away with you after you pack your tent. We do not have the personnel to pick up after you.
- d) Tents should not exceed 12'x12' unless accommodating more than four people. Gazebos and tents for common areas are not permitted.
- e) Litter: please take all camping litter away with you. Please don't dump stuff in the Rugby Club bins – they need the capacity themselves.
- f) Cooking: open fires, barbeques (of any kind) or large 'Calor Gas' bottle style cooking units/heating units are not allowed in the camp site. Small personal gas cooking appliances are fine. There are catering options at the Rugby Club and in town.
- g) Noise: There is not a designated quiet area at this event. However, we insist that all revellers retire quietly to the camping area. Noisy neighbours (however musical or funny they think they are) are not nice 😊. We'll turf you off the campsite if you're being a PITA and annoying others.
- h) Please, no generators. Ta.

There are toilets and showers within the Rugby Club that will be open all weekend.



see you at Bowhill

Beautiful, seamless merino - built for the trail, easy everywhere else.

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